



## The New Zealand Breast Cancer Foundation

# Pink Ribbon Calendar October 2008

Share Knowledge Spread Hope



**EARLY DETECTION IS YOUR BEST PROTECTION**



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Phone: 0800 902 732  
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Website: [www.nzbcf.org.nz](http://www.nzbcf.org.nz)



THE NEW ZEALAND BREAST CANCER FOUNDATION



# October 2008 Pink Ribbon Calendar



1 Global landmarks blush pink for the launch of October Breast Cancer Awareness Month.



2 Purchase your Pink Ribbons, Pens and Wrist Bands from selected retailers. Visit [www.nzbcf.org.nz](http://www.nzbcf.org.nz) for stockists.



3 Staff at Norske Skog, Kawerau receive their **FREE** Workplace Breast Health Seminar. To book a **FREE** presentation for your group or workplace in 2009 call 0800 902 732



4 Indian Food Fest '08 Mt Roskill St Dionysius Indian Orthodox Church.

5 Les Mills Gym members in Dunedin receive a **FREE** Breast Health Seminar. To book a **FREE** presentation for your group or workplace in 2009 call 0800 902 732.



6 Remember to register the Dove Pink Star Walk – only 5 days to go. To register go to [www.mydove.co.nz](http://www.mydove.co.nz)

7 Look out for PINK Magazine at all good bookstores and supermarkets. For more information visit [www.pinkmagazine.co.nz](http://www.pinkmagazine.co.nz)



8 **THINK PINK BUY PINK** Support The New Zealand Breast Cancer Foundation by purchasing a **Pink Ribbon Product**. For a full list visit [www.nzbcf.org.nz](http://www.nzbcf.org.nz)



9 Staff at BIC NZ receive their **FREE** Workplace Breast Health Seminar. To book a **FREE** presentation for your group or workplace in 2009 call 0800 902 732.



10 **PINK RIBBON DAY STREET APPEAL** Look out for Pink Ribbon Collectors nationwide.



11 Dove Pink Star Walk Auckland Domain 8.00pm 5km stroll beneath the stars. To register go to [www.mydove.co.nz](http://www.mydove.co.nz)



12 **WIMA Pink Ribbon** Motorcycle Ride – Auckland & Wellington Contact Julez 021 614 646 (Auckland) or Kate 027 278 7113 (Wellington).

13 Look out for a school near you thinking pink! Schools nationwide participate in the Pink Ribbon Appeal Campaign with fundraisers such as Pink Ribbon mufti days and barbeques.

14 Did you miss a collector on **Pink Ribbon Day**? Text PINK to 336 to donate \$3.00.



15 **FREE** Breast Health Seminars:  
**NEWTOWN** Sport Wellington, Level 2, 113 Adelaide Road, 12.30pm  
**KILBIRNIE** Brentwood Hotel, 16 Kemp St, 7pm  
To register phone 0800 902 732 or visit [www.nzbcf.org.nz](http://www.nzbcf.org.nz)

16 **FREE** Breast Health Seminar:  
**WILTON** Wilton House, 1 Wilton Bush Road, 12.30pm.  
To register phone 0800 902 732 or visit [www.nzbcf.org.nz](http://www.nzbcf.org.nz)

17 Dress in outrageous 80's clothing and help raise money for The New Zealand Breast Cancer Foundation.  
**Pretty in Pink** 10 Bar, The Octagon, Dunedin



18 Healthy Women; Healthy Families Festival, Westpac Stadium. Waipukerau including a **FREE** Breast Health Seminar.



19 Breast Health newsletter Spring/Summer edition available now. Phone 0800 902 732 or visit [www.nzbcf.org.nz](http://www.nzbcf.org.nz) for your **FREE** copy.

20 Be breast aware. If you notice any changes in your breast visit your health professional.

21 **FREE** Breast Health Seminar:  
**FRANZ JOSEF** Franz Josef Visitor Centre, Main Road, 6pm.  
To register phone 0800 902 732 or visit [www.nzbcf.org.nz](http://www.nzbcf.org.nz)

22 **FREE** Breast Health Seminar:  
**HAAST** Haast Visitor Centre, Cnr State Highway 6 & Jackson Bay Rd, 6pm.  
To register phone 0800 902 732 or visit [www.nzbcf.org.nz](http://www.nzbcf.org.nz)

23 **FREE** Breast Health Seminar:  
**WANAKA** Oakridge Resort Grand Mercure, Cnr Cardrona Valley and Studholme Rds, 6pm.  
To register phone 0800 902 732 or visit [www.nzbcf.org.nz](http://www.nzbcf.org.nz)

24 It's easy to support The Foundation! Simply call 0900 PINK RIBBON to donate \$20, or visit [www.nzbcf.org.nz](http://www.nzbcf.org.nz) to donate online.



25 **THINK PINK BUY PINK** For more information on how to become an NZBCF Sponsor please phone 0800 902 732.

26 Start practicing your golf swing; participate in the Hope Womens Golf Classic. Thursday 27<sup>th</sup> November at Titirangi Golf Club, Auckland.



28 Support The New Zealand Breast Cancer Foundation by purchasing a **Pink Ribbon Product**. For a full list visit [www.nzbcf.org.nz](http://www.nzbcf.org.nz)

29 Are you between 45 & 69? If so, register for your **FREE** mammogram by phoning BreastScreen Aotearoa on 0800 270 200.

